The Naval Reserve Officers Training Corps (NROTC) program is a college-based, commissioned officer training program of the United States Navy and the United States Marine Corps. The mission of NROTC is to develop young men and women morally, mentally, and physically, and to instill in them the highest ideals of honor, courage, and commitment.

The Atlanta Region Naval Reserve Officers Training Corps Unit is comprised of two jointly commanded Battalions; Morehouse College and Georgia Institute of Technology. Morehouse College is the host institution for the Atlanta University Center (AUC) which allows Midshipmen to attend Morehouse College, Spelman College and Clark Atlanta University while also being a part of the NROTC Morehouse Battalion. Likewise, Georgia Institute of Technology is the host institution for other cross-town schools in which Midshipmen from Georgia State University, Southern Poly-Technical Institute can be a part of the Georgia Tech Battalion. These two Battalions comprise the Atlanta Region NROTC.

The Commanding Officer, Executive Officer, Marine Officer Instructor and Assistant Marine Officer Instructor preside over the operations and administrations of both Midshipmen Battalions though the two Battalions have separate Midshipmen Staffs.

The Atlanta University Center (AUC) located in the historic West End of Atlanta offers Midshipmen with a unique opportunity to pick from a multitude of disciplines of academic study as well as provides an extremely diverse population of individuals to form networks with. Just three miles from Downtown Atlanta, The AUC provides a close proximity to historic, cultural and young-adult age activities. Students of the AUC are immersed in an atmosphere of people from many walks of life.
The NROTC Scholarship Provides:

- FULL TUITION AND FEES
- STIPEND FOR TEXT BOOKS (CURRENTLY $375 PER SEMESTER)
- PROVIDE ALL UNIFORMS
- THREE SUMMER CRUISES
- SUBSISTENCE ALLOWANCE EACH ACADEMIC MONTH
  - Freshman—$250
  - Sophomore—$300
  - Junior—$350
  - Senior—$400

General Eligibility Requirements:

- U.S. Citizenship
- Not less than 17 years old by Sept. 1 of year starting college and no more than 23 on June 30 of that year
- Must not have reached 27th birthday by June 30 of year in which graduation and commissioning are anticipated
- High school graduation or equivalency certificate by August 1 of year of entrance into four-year NROTC Scholarship program
- No moral obligations or personal convictions that prevent conscientious bearing of arms and supporting and defending the Constitution of the United States against all enemies, foreign or domestic
- Physically qualified by Navy or Marine Corps standards
- Apply for and gain admission into a College or University affiliated with the NROTC Program
- You may start the process of applying during the second semester of your junior year of high school.

NOTE:

- Students with 30 or more semester hours or 45 or more quarter hours of college credit upon application or students already enrolled in NROTC College Program are not eligible for four-year NROTC Scholarships; these students should see professors of naval science at host university’s NROTC unit to discuss other scholarship opportunities.
Academic Requirements:

- Complete all requirements for bachelor’s degree under college/university rules and regulations
- Complete certain courses specified by Navy or Marine Corps
- Requirements may vary by college, but Navy and Marine Corps highly emphasize academic success
- Normal course load required by college or university for degree completion
- In addition to normal course load, midshipmen must follow these general academic guidelines:
  - **Calculus I and II** by the end of your sophomore year (not required for Marine options)
  - **Physics I and II** (calculus based) by the end of your junior year (not required for Marine options)
  - English grammar and composition (not required for Marine options)
  - National Security Policy/American Military Affairs
  - One semester of language or culture is required
- **Naval Science course** each semester (8 classes total)
- Weekly drill instruction periods
- **4-6 week training period each summer**
- Scholarship midshipmen may enroll in courses requiring five years for bachelor’s degree provided they will not have reached their 27th birthday on June 30 of year in which they complete fifth year and are commissioned

In all, 40 extra credit hours are required for most midshipmen to receive a commission. This number includes all Naval Science Courses, Calculus, Physics and other required courses. The only exceptions will be Marine Options and those midshipmen pursuing technical degrees such as math, physics and engineering as they will be required to take the Calculus, Physics and other required courses as components of their degree requirements. Students should be aware of this and prepare accordingly. Typically, the usual college load of 15 hours per semester proves to be **insufficient** for NROTC midshipmen to complete all requirements in the standard 4-year program. The typical course load is **18 hours per semester** or approximately 6 classes. Some students are required to take a course overload (greater than 20 hours) or even summer school (not paid for by NROTC) some semesters to remain on track.
Academic excellence is paramount to success in the fleet. The Naval Reserve Officers Training Corps provides and requires several courses that assist in this development. These courses are in addition to the standard course load of a college student pursuing a Baccalaureate degree. The following classes are to be completed in the semester indicated and are given by the Instructors/Advisors within the NROTC Unit. These are Active Duty Officers fresh from the fleet ready to offer expert hands on advice on how to apply these courses.

**Freshman (4/C) Year**
- Introduction to Naval Science
- Sea Power and Maritime Affairs

**Sophomore (3/C) Year**
- Leadership and Management
- Navigation (Navy option)
- Evolution of Warfare (Marine option)

**Junior (2/C) Year**
- Naval Weapons Systems (Navy option)
- Naval Engineering (Navy option)
- Amphibious Warfare (Marine option)

**Senior (1/C) Year**
- Naval Operations and Seamanship (Navy option)
- Leadership and Ethics (capstone course taught by Commanding Officer)
Military service is a physically demanding profession and requires a high degree of physical fitness. Physical and scholarship qualification processes are independent of each other, but students must receive favorable endorsement in both to receive the NROTC scholarship.

A Pre-Entry Physical Training Plan can be found here

**Partial** list of disqualifying medical diagnoses:

- Vision not correctable to 20/20
- Substandard color vision (does not apply for Marine Corps)
- History of asthma
- Acute or chronic cardiac/pulmonary conditions
- Chronic skin disorders such as:
  - Psoriasis
  - Atopic dermatitis
  - Eczema
- Ununited fractures or major joint surgery
- Seizure disorders
- Severe motion sickness susceptibility
- Alcohol or drug abuse

- Department of Defense Medical Examination Review Board (DODMERB) schedules and reviews all physical examinations for service academies and NROTC candidates; candidates applying for more than one military academy or NROTC scholarship program require only one physical examination.

- If DODMERB determines a disqualifying condition exists, some medical conditions may be waived after further review.

- Applicants will be notified by DODMERB of any additional requirements for medical history consultations or diagnostic tests.

- Surgical, laser, or mechanical procedures to correct defective visual acuity may be cause for disqualification; no waivers will be recommended.
Height and Weight Requirements:

<table>
<thead>
<tr>
<th>BRANCH</th>
<th>HEIGHT</th>
<th>WEIGHT</th>
<th>COLOR VISION</th>
</tr>
</thead>
<tbody>
<tr>
<td>NAVY</td>
<td>Men 62-78” Women 60-78”</td>
<td>Proportionate to Height</td>
<td>Normal</td>
</tr>
<tr>
<td>MARINE CORPS</td>
<td>Men 66-78” Women 58-78”</td>
<td>Proportionate to Height</td>
<td>No standard requirement</td>
</tr>
</tbody>
</table>

NO WAIVERS will be granted for those overweight individuals

For individuals that are not within **height and weight standards**, remedial PT (Physical Training) will be required until ‘in standards’ and until such time, scholarship benefits may be withheld for those currently awarded a scholarship and denied for those seeking scholarships.

VISION Requirements:

Distant visual acuity of 20/20 in each eye uncorrected is required. Waivers can be recommended for applicants whose visual acuity is correctable to 20/20 with corrective lenses.

The maximum in and meridian must not exceed 6.0 diopters in either eye. Refractions submitted for waiver consideration must be cycloplegic refraction for spectacles, not contact lenses. Anisometropia cannot exceed 3.5 diopters.
It is said that, being a Midshipman means you do more work by 10:00AM than most people do in a normal day. You WILL have mandatory times in which your alarm will go off at 5:30AM in preparation for physical training. This may occur as much as 3 times per depending on if you are a Marine option or Navy option. You will have busy evenings and sometimes busy weekends. This unit demands a great deal from each and every one of its midshipmen. Achieving the goals set forth makes you a better person, and places you a cut above the rest of your peers. Only those ready to step up their ‘game’ will succeed! Are you ready?

**VARIOUS ACTIVITIES REQUIRED**

**PHYSICAL TRAINING (PT)**

The purpose of PT is to train you both physically and mentally. Our mission in the Naval Service of defending this nation is one that carries a requirement of physical fitness and readiness at all times. Several methods are utilized to maintain and test each individual’s physical strengths and weaknesses.

- **Battalion PT:** An hour long intensive PT evolution held every Wednesday morning at 0550. It is expected that midshipmen will train at least two extra times per week on their own however, all midshipmen are welcome to attend remedial and Marine PT.
- **Remedial PT:** Like Battalion PT, this hour long session is intended to give those midshipmen exhibiting a need for extra PT sessions a chance to improve their physical fitness. Held Tuesday and Thursday at 0550.
- **Marine PT:** Marines know how to work out and this 1-1.5 hour session is where Marines are made! This prepares midshipmen for OCS and maintains the standard for the USMC.
- **Swim PT:** Intended to provide those midshipmen lacking in their swimming abilities to enhance those abilities to meet and indeed exceed the minimum Navy/Marine Corps requirements for swimming.
PRT Navy: Physical Readiness Test
- Timed 1.5 mile run
- Pushups
- Curl Ups (sit ups)
- Sit and reach flexibility test

PFT Marines: Physical Fitness Test
- Timed 3 mile run
- Pull-Ups (Male)
- Flexed Arm hang (Female)
- Curl Ups (sit ups)
- Sit and reach flexibility test

SWIM

As members of the Naval Service, we are required to deploy, operate and live on the sea. Maintaining an above average swimming ability is expected. It is of EXTREME importance that you come ready to pass the 3rd class swim test.

3rd Class Swim Qualification:
- Swim 50 yards proving proficiency in swimming ability in any of the approved strokes:
  - American Crawl (Freestyle)
  - Elementary Back Stroke
  - Breast Stroke
  - Side Stroke
- Jump from a 15’ platform into the deep end of a pool
- 5 min Prone Float (dead mans float) taking breaths when needed
- Shirt/Trouser manual inflation while treading water

NOTE: Besides academics, swimming and PT are the largest causes for individuals to be either removed from scholarship and subsequently the unit or denied a scholarship. It would benefit anyone interested in the Naval Services to begin a rigorous Swim and PT regimen NOW to adequately prepare for the requirements of this program and The US Navy and US Marine Corps.
SUMMER CRUISE TRAINING

All scholarship Midshipmen shall attend one summer training cruise each summer for a total of 3 summer cruises. Each cruise lasts approximately 3-4 weeks and date are somewhat flexible. Summer training cruises are intended to foster an environment for professional hands-on military training in a 24/7 military environment.

3/C Cruise (summer after freshman year)
CORTRAMID: Career Orientation For Midshipmen
- 4 weeks in either San Diego, CA or Norfolk, VA
- Each week is devoted to a different aspect of Naval Life (Surface Warfare, Submarine warfare, Aviation and Marine Corps)
- Midshipmen residing east of the Mississippi River will attend CORTRAMID EAST in Norfolk during the first part of the summer.
- Midshipmen residing west of the Mississippi River will attend CORTRAMID West in San Diego during the second half of the summer.

2/C Cruise (summer after sophomore year)
Navy
- 3-6 weeks on any deployed or at-sea ship as a member of ships company
- Integrated into ships functions under instruction
- Exposure to Enlisted life at sea
Marine
- 3-6 weeks at Marine Mountain Warfare School (Bridgeport, CA)
- Possibility to participate in a 3-6 week at-sea cruise attached to a Marine component on an Amphibious Assault Vessel

1/C Cruise (summer after junior year)
Navy
- 3-6 weeks attached to the wardroom or ready room of any squadron or ship at sea
- Exposure to Naval Officer life and responsibilities
- Training in Officer/Enlisted relations and Officer etiquette and expectations
Marine
- Marine Corps Officer Candidate School (Bulldog—6 weeks intensive training course)
- Required attendance by all Marine option Midshipmen prior to commissioning
SERVICE SELECTION AND MILITARY SERVICE REQUIREMENTS

Senior Midshipmen request their choice of duty based upon their interests and aptitudes. The Naval Operation Communities (Surface, Sub-Surface, Aviation or Special Warfare) are the only choices open to the NROTC Midshipmen due to the mission of NROTC being to “Commission Officers in the Unrestricted Line Communities.”

For those midshipmen attending college and NROTC, on an NROTC or HBCU Scholarship, the following military service obligations apply:

**Navy Option**
Midshipmen (does not include Marines) starting their freshman year of college in the Fall of 2010 or later will be required to serve a minimum of five (5) years of active military service. Additional requirements may be required for specific job assignments.

**Marine Corps Option**
Midshipmen will be required to serve at least four years on active duty.

**NROTC College Program**
Midshipmen who pay their own educational expenses or have a non-Navy source of educational funding may participate in the NROTC through the NROTC College Program. Upon graduation and commissioning, this individual will be required to serve at least three (3) years on active duty.

**Other Information**
- Upon graduation, midshipmen who complete all academic requirements in the NROTC program are commissioned as Ensigns in the Navy or Second Lieutenants in the Marine Corps.
- Minimum of two (2) years active enlisted service or recoupment of all tuition dollars paid may be required for midshipmen who disenroll or are disenrolled from NROTC Scholarship Program for academic or personal reasons after the first day of their sophomore year.
- If disenrolled, personnel who were originally on active duty and were released early to accept NROTC Scholarships must complete their original enlisted contracts.
LIFE AS A MIDSHIPMAN
CANDIDATE INTEREST FORM

(NAME LAST, FIRST, MIDDLE) SOCIAL SECURITY NUMBER

DATE AND PLACE OF BIRTH ETHNICITY / RACE CITIZENSHIP

ADDRESS STREET NUMBER CITY STATE ZIP

PHONE NUMBER FAX EMAIL ADDRESS

1.5 MILE 12:30 MALE / 15:00 FEMALE: YES / NO FLOT 5 MIN / SWIM 50 YARDS: YES / NO

HEIGHT / WEIGHT RUN ENDURANCE SWIMMING ABILITY

HIGH SCHOOL ATTENDED

HIGH SCHOOL ADDRESS STREET NUMBER CITY STATE

HIGH SCHOOL GPA:

COLLEGE GPA: (IF CURRENTLY ENROLLED IN COLLEGE): __________________________

HIGHEST MATH COURSE COMPLETED WAS THIS IN HIGH SCHOOL OR COLLEGE

HIGHEST SCIENCE COURSE COMPLETED WAS THIS IN HIGH SCHOOL OR COLLEGE

SAT/ACT COMPOSITE SAT/ACT MATH SAT/ACT VERBAL

COLLEGE/UNIVERSITY OF INTEREST: __________________________ MAJOR:

SERVICE INTERESTED IN UNITED STATES NAVY OR MARINE CORPS: __________________________

FIELD OR MILITARY SPECIALTY OF INTEREST (FLIGHT, SURFACE, INFANTRY, SUBMARINE, SPECIAL WAR-FARE): __________________________

IMPORTANT

THE RIGHT TO ASK AND OBTAIN APPLICANTS SOCIAL SECURITY INFORMATION AND ASSISTS IN THE ENROLLMENT PROCESS. SOCIAL SECURITY NUMBERS ARE OBTAINED FOR IDENTIFICATION AND ENROLLMENT PURPOSES AND WILL NOT BE SHARED OR RELEASED TO ANY ENTITY OTHER THAN ENROLLMENT PERSONNEL WITH EXPRESS EXPPLICIT PERMISSION BY THE APPLICANT. APPLICANT IS ADVISED TO SEND THIS FORM IN SECURE ENVELOPES TO OBCURE THIS INFORMATION AND IS ALSO REQUESTED TO SEND ENVELOPE SECURED MAIL.

4/07

NROTCUATL FORM 1000/4 (REV 4/07)